

## SIZING MEASURING GUIDE

VIEW THE FULL SIZE GUIDE INCHES

UK SIZE	44	46	48	50	52	54	56	58	60
US SIZE	34	36	38	40	42	44	46	48	50
SIZE	XS	S	S/M	M	L	L/XL	XL	XXL	XXXL
CHEST	35.4	37	38.6	40	41.7	43.3	44.9	46.4	48
WAIST	29.5	31.1	32.7	34.3	35.8	37.4	39	40.5	42.1
HIPS	35	36.6	38.1	39.8	41.3	42.9	44.5	46	47.6
ARM	32.6	33.2	33.8	34.4	35	35.6	36.2	36.8	37.4

VIEW THE FULL SIZE GUIDE CENTIMETRES

UK SIZE	44	46	48	50	52	54	56	58	60
US SIZE	34	36	38	40	42	44	46	48	50
SIZE	XS	S	S/M	M	L	L/XL	XL	XXL	XXXL
CHEST	90	94	98	102	106	110	114	118	122
WAIST	75	79	83	87	91	95	99	103	107
HIPS	89	93	97	101	105	109	113	117	121
ARM	83	84.5	86	87.5	89	90.5	92	93.5	95

# SIZE GUIDE

## SIZING MEASURING GUIDE

	<u>Inches   Centimetres</u>									
SIZE (INCHES)	14	14.5	15	15.5	15.7	16	16.5	17	17.5	18
SIZE (CM)	36	37	38	39	40	41	42	43	44	45
SIZE	XS/S	S	S/M	M	M/L	L	L/XL	XL	XL/XXL	XXL
NECK	14	14.5	15	15.5	15.7	16	16.5	17	17.5	18
CHEST	35.8	37	38.2	39.4	40.5	41.7	42.9	44	45.3	46.5
WAIST	29.9	31.1	32.3	33.5	34.6	35.8	37	38.2	39.8	40.6
ARM	32.7	33.1	33.6	34	34.6	35	35.5	36	36.5	37

# SIZE GUIDE

[VIEW THE FULL SIZE GUIDE](#)

- NECK
- Measure around the base of your neck
  
- WAIST
- Measure around the area where you would normally wear your trousers
  
- CHEST
- Measure under the arms around the widest part of your chest
  
- LOW WAIST
- Measure around the area 11cm below your navel